

RELEASING CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

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CASES

Must be isolated for a minimum of 14 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours.



Note: Lingering cough should not prevent a case from being released from isolation.

Examples:

- A case that is well on day 3 and afebrile and feeling well for 72 hours must remain isolated until day 14.
- A case that is well on day 11 and afebrile and feeling well for 72 hours can be released on day 14.
- A case that is still symptomatic on day 14, and symptoms last until day 17, cannot be released until day 20.

HOUSEHOLD CONTACTS

<u>Must</u> be quarantined for 14 days after the case has been afebrile and feeling well (because exposure is considered ongoing within the house).

If a household contact develops symptoms, they should be tested.



This means that household contacts may need to remain at home longer than the initial case.

Examples:

- A case is well 3 days after onset. The household contact must remain quarantined until day 17.
- A case is well 7 days after onset. The household contact can be released on day 21.
- A case is well 14 days after onset. The household contact can be released on day 28.

NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

